



NSFs LANDSGRUPPE AV
OPERASJONSSYKEPLEIERE



Riksföreningen för operationssjukvård



NORNA 2017

NORNA Spring meeting in Helsinki, 23th - 24th of March 2017

Representatives:

Catarina Augustson	Sweden
Anne-Marie Nilsson	Sweden
Jette Isberg	Denmark
Janni Ulrich	Denmark
Marja Sirkeinen	Finland
Marianne Lundsten	Finland
Anna Valsdóttir	Iceland
Pórbjörg Ása Kristinsdóttir	Iceland
Aina Hauge	Norway
Anne Lind Jølstad	Norway

Visitors:

Thursday: Jaana Perttunen, president for the FORNA

Thursday and Friday: Kerstin Skogman, honorary member for the FORNA

The meeting was held at Finnish Sjuksköterskeföreningens office, Annankatu 31-33C 50 00100 Helsinki

Thursday, 23th of March the Norna board had lunch at Sandro-restaurant, Narinkka 3, Kamppi, Helsinki from 11.45 am to 12.30 pm. The meeting took place from 13:00 to 17:00 pm.

After the meeting the board went first at 18:30 pm to the sightseeing restaurant at Torni hotel and at 20:00 pm to the Restaurant Farang, Ainonkatu 3, for dinner.

Friday, 24th of March, the NORNA meeting was held from 9:00 am to 12:30 pm. We had lunch from 12:45 to 13:30 pm

Report from the NORNA meeting held in Helsinki, 23 – 24 March 2017.

Thursday 23. March 2017

- The Norna board had lunch from 11:45 am to 12:30 pm at restaurant Sandro, Narinkka 3, Kamppi

After Marianne welcomed everyone to the meeting, Kerstin Skogman told us the history of the Finnish Sjuksköterskeföreningen and the office. There used to be a house for old people in the building till the year 1992. The Finnish Sjuksköterskeföreningen has about 4000 members. The association was founded 119 years ago. There are many local associations at the Finnish west coast and many members in Skandinavia and other countries. This is one of the two associations for nurses in Finland and it is bilingual. It is important for the Swedish speaking nurses to get information with their mother tongue. Their magazine is called Vård i fokus. The association is very active.

- National updates - a short report around the table

Denmark: FSSASMO have a committee working for a Master degree education for nurses.

The initiative for the Ministry of Health in May is cancelled due to a fired chairman. Until a new date is made, the committee works with the arguments for the board.

There are changes in the Danish association DSR on its way. We don't know which but it is to make it better, it is called "SAMMEN OM DSR".

Changes have been made in the Danish association FSSASMO. Two committees have been abolished, the Acute and the Hygiene on account of the low activity due to missing members. The OP/AMB udvalg changed name to OP udvalg.

We try to start a new initiative with small groups of members working on an assignment from us of various characters. Such as the effect of chlorhexidine, covering or find theoretical knowledge about the effect on patients with diverse information before surgery. The result must utilize an article or an oral presentation at a congress.

Two to five out of seven members of the FSSASMO-board are in turn to resign this year.

There is going to be a national one day congress this spring and a two day congress in autumn.

Finland: There is a big SOTE- , Social and Healthcare reformation going on in Finland. There are five University Hospitals and sixteen Central Hospitals in Finland. After the reformation there are less hospital beds and many other financial cuts are going to be done. Many patients are going home straight from the recovery room and in the future people can choose which hospital they use. Studies show that nurses have more sick leave because of stress than before. In autumn we have the annual national congress for OR-nurses in Seinäjoki. 2018 Forna has a 30-years anniversary congress. Nurses have three and a half years education in the university for applied sciences in Finland. For example in Jyväskylä the last year in school for nurses is advanced training. There are 20 schools where you can

study nursing. They all have their own study plan. After working for three years you can apply to study Masters degree in university. Since ninety century there has not been education for nurses to specialize in OR-nursing. In Jyväskylä it is very popular to work in the OR, there are not enough jobs for nurses in the OR.

Norway: The Board is planning a national congress in Norway the first week in September. There has not been any education for practical nurses in Norway since 1985. Now one school wants to start the education again. There is a national discussion about the education.

Iceland: there is a need for about three hundred nurses in Iceland. Many nurses are retiring. The graduating nurses don't want to work in hospitals because of the low salary. They get twenty per cent less salary working as a nurse compared to work with same level education in other fields for the government. About a hundred nurses are graduating this year and only ten per cent of them are going to work in Landspítali. The workload is heavy. There is a congress every spring for surgery nurses held with anesthesiologists, surgeons, anesthesiologists and gynecologists in Island.

Sweden: as in all the Scandinavian countries there are not enough nurses and OR-nurses. OR-nurses education has been reduced. There are not many nursing teachers. In Sundsvall there is no education for nursing teachers. As a nurse you can have "local education" after nursing school and then decide if you want to specialize in OR-nursing. There is a Masters degree education available for nurses. New hospitals and operation rooms are being built.

For two years there has been a popular, voluntary, two day education for the representatives. They learn how they can act in OR. The education is organized by the Swedish Medtech and takes place in Stockholm. Sweden has a "Stark i livet stark i kirurgi"-project, for example to reduce/stop patients smoking and alcohol consuming before going to operation. The studies show that six weeks without alcohol and three months no smoking before the operation reduces risk for infections. The patients should not smoke three months before the operation or the operation will be cancelled.

- Guidelines for NORNA congress
Guidelines where updated and will be signed in the autumn meeting.
- NORNA congress 2018 Sweden, Stockholm
Sweden made the call for abstracts, there should be 5 abstracts from each Scandinavian country
Anne-Marie Nilsson is the chairman of the Congress. Catarina Augustson is the chairman for the scientific group. There are six members in the scientific group. There will be lectures also in Swedish on Thursday.
- NORNA's actionplan for 2017-2018 was updated
- Everybody has a USB stick and got a copy on it of the Perm

Until next time think of what we should do, and then discuss it next time. Shall we keep it on a stick or put it in the Sky.

The paper Perm was handed over to Finland.

- Satu Rauta, clinical nurse specialist,
gave a lecture about Nursing intensity and its measurement, case PERIHOIq-instrument

There are 20 hospital districts in Finland. Seven districts are using the PERIHOIq. Out of five university districts four use PERIHOIq . a part of RAFAELA-system

- AOB
After NORNA congress 2018 in Sweden we will discuss if the NORNA congress is every second year or every fourth year
Jette is going to update facebook homepage for NORNA
Last report from the October meeting.
- Closing the meeting

Next meeting:

1. Helsinki, Finland: 26th –27th of October 2017.
2. Marja and Marianne will organize the meeting and find a suitable hotel for the group. The meeting next time might start Thursday at nine am so we have enough time for the possible hospital visit. *Marja and Marianne will send an e-mail*
3. Future topics for NORNA:
 - Documentation
 - Patients safety in OR.
 - Who checklist, purpose and importance
 -

Date for our next meeting in Helsinki, Finland: 26. - 27. October 2017

Helsinki, Finland

25.3.2017

Marja Sirkeinen

Marianne Lundsten